

PASTAS & RISOTTOS



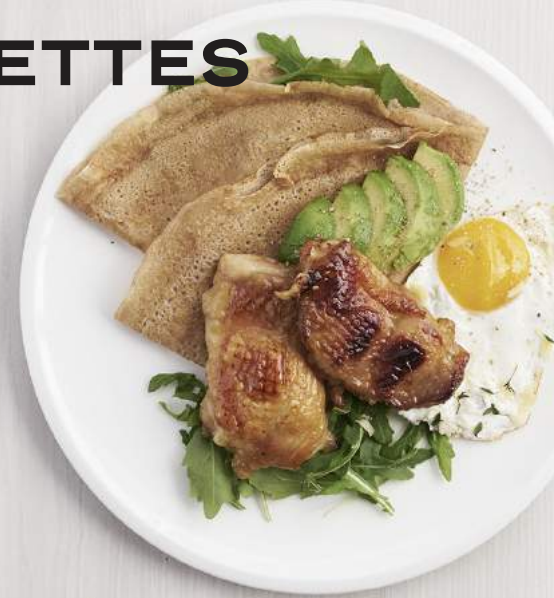
- M1. Truffle Carbonara** **\$12.90**
mushrooms, egg, cream & truffle oil 460kcal
- M2. Bacon Tomato Carbonara** **\$12.90**
streaky bacon, cherry tomatoes, tomato cream sauce 455kcal
- M3. Salmon Mac & Cheese** **\$15.90**
fresh salmon chunks, carbonara sauce with melted cheese 439kcal
- M4. Salmon Tomato Risotto** **\$16.90**
baked salmon fillet, olives in tomato broth 498kcal
- M5. Mixed Mushroom Risotto** **\$15.90**
vegetarian - mushrooms, onsen egg, snow peas 428kcal
- M6. Prawn Risotto** **\$18.90**
prawns, salmon chunks in rich seafood broth
- M7. Wagyu Burger Risotto** **\$19.90**
wagyu beef patty, snow peas, onsen egg on beetroot risotto 431kcal
- M8. Mixed Sausage Risotto** **\$18.90**
streaky bacon, pork sausage, on saffron parmesan risotto

SAVOURY CREPES



- C1. Ham Egg Cheese** **\$5.90**
422 kcal
- C2. Mushroom Tomato Cheese** **\$5.90**
306 kcal
- C3. Chicken Basil Cheese** **\$5.90**
339 kcal
- C4. Bacon Avocado Cheese** **\$6.90**
450 kcal
- C5. Salmon Onion Cheese** **\$6.90**
338kcal
- C6. Crispy Cheese Sausage Crepe** **\$6.90**
405 kcal

GALETTES



- G1. Salmon Caesar Galette** **\$13.90**
caesar salad with hardboiled egg, cheese & smoked salmon 460kcal
- G2. Miso Salmon Galette** **\$15.90**
miso-baked salmon, onsen egg, tomato compote 432kcal
- G3. Bangers on Crepe** **\$15.90**
pork sausage, caramelized onions, fried egg, cheese 420kcal
- G4. Cajun Chicken Madame** **\$15.90**
baked cajun chicken, tomatoes, compote, egg & cheese 420kcal
- G5. Skinny Wagyu Burger** **\$17.90**
100% wagyu beef patty with aburi cheese, mushrooms, corn & salad 455kcal

ALL-DAY BREAKFAST



- B1. Full Works Crepe** **\$9.90**
chicken ham, egg, mushroom, cheese in crepe w side salad 399kcal
- B2. L'Omelette** **\$9.90**
omelette with ham, mushroom, cheese, side salad & bread 485kcal
- B3. Keto Breakkie** **\$10.90**
Double cheese omelette with garlic butter, bacon, fresh salad 506kcal
- B4. Le Nordic Set** **\$10.90**
scrambled eggs, smoked salmon, side salad & bread 447kcal
- B5. Saybons Big Breakfast** **\$12.50**
sunnyside eggs, pork sausage, streaky bacon, mushrooms, baked beans 565kcal

SWEET CREPES



- D1. Nutella Banana** **\$4.50**
305kcal
- D2. Nutella Cheese** **\$4.90**
350kcal
- D3. Dark Choc, Strawberry & Ice Cream** **\$8.00**
365kcal
- D4. Salted Caramel, Bananas & Ice Cream** **\$8.00**
381kcal
- D5. Flambled Rum & Raisin Bananas, Ice cream** **\$8.00**
388kcal

HOMEMADE SOUPS



- | | CUP
200ml | BOWL
400ml |
|---|---------------|---------------|
| S1. Fresh Tomato
99kcal/200g | \$4.50 | \$7.50 |
| S2. Broccoli Cheddar
164kcal/200g | \$4.80 | \$7.90 |
| S3. Golden Pumpkin
47kcal/200g | \$4.80 | \$7.90 |
| S4. Wild Mushroom
132kcal/200g | \$4.80 | \$7.90 |
| S5. Seafood Bisque
138kcal/200g | \$5.90 | \$9.90 |

SALADS / SIDES



- A1. Chicken Caesar Salad** **\$9.50**
romaine lettuce, egg, roast chicken
- A2. Salmon Caesar Salad** **\$11.50**
romaine lettuce, egg, smoked salmon
- A3. Garlic Bread/ Tomato Bread** **\$2.50**
2 pcs
- A4. Garlic Escargots (half doz)** **\$10.90**
snails baked in garlic butter
- A5. Escargots Gratin (half doz)** **\$11.90**
baked snails with melted cheese

SOUP + DRINK SET

BREAD SET

ADD \$5.90

For a Choice of 1 Soup (Cup) + Ice Lemon Tea



ADD \$2.00

For freshly toasted bread (2 pcs)

